

Think Ahead

Escaping the Porn Trap

TALK IT OVER

Key Scriptures

No temptation has overtaken you except what is common to mankind. And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can endure it.
1 Corinthians 10:13 NIV

"I made a covenant with my eyes not to look with lust at a young woman."
Job 31:1 NLT

"Doesn't [God] see everything I do and every step I take?" Job 31:4 NLT

"For lust is a shameful sin, a crime that should be punished. It is a fire that burns all the way to hell. It would wipe out everything I own." Job 31:11-12 NLT

Flee from sexual immorality. ...
1 Corinthians 6:18 NIV

Do not conform to the pattern of this world, but be transformed by the renewing of your mind. Then you will be able to test and approve what God's will is—his good, pleasing and perfect will.
Romans 12:2 NIV

Leader Tip

This week's message is about escaping the temptation of pornography. Before you get started, consider how you can ensure your LifeGroup feels like a safe place to talk about this topic. You might also consider splitting into separate groups for men and women.

We've also created a resource to help you lead through this conversation. Find everything you need at www.life.church/howtoquit

Start talking. Find a conversation starter for your group.

- Share one good thing that's happened this week.

Start thinking. Ask a question to get your group thinking.

- Which part of this message was most impactful for you and why?
- Read **1 Corinthians 10:13**. What are some reasons people experience temptations? How does this verse encourage you to find a way out?
- If someone confesses an addiction or sin to you, how would you want to respond? What would it look like to bring love and healing into the situation?

Start sharing. Choose a question to create openness.

- How does pornography affect people's relationships with God and others? How could pursuing a life with Jesus help someone flee from temptation?
- Is pornography something you need to confess and turn away from? Talk to your LifeGroup about what you're struggling with, and then spend time praying together.

Start praying. Be bold and pray with power.

Father, thank You for being a loving Father who wants us to grow closer to You. Help us to be honest, confessing our sins to You and to the people we trust. Help us to escape any temptation that may come our way and to walk in the freedom that You give us. In Jesus' name, amen.

Start doing. Commit to a step and live it out this week.

- [Consider how you can confess your sins, remove your temptations, and get the help you need this week.](#)
- Start the *How to Stop Watching Porn* Bible Plan using Plans With Friends: www.go2.lc/heal
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.