

Been There Moving Past Rejection

TALK IT OVER

Key Scriptures

Then Jesus entered a house, and again a crowd gathered, so that he and his disciples were not even able to eat. When his family heard about this, they went to take charge of him, for they said, "He is out of his mind." Mark 3:20-21 NIV

He appointed twelve that they might be with him and that he might send them out to preach and to have authority to drive out demons. Mark 3:14-15 NIV

A crowd was sitting around him, and they told him, "Your mother and brothers are outside looking for you." "Who are my mother and my brothers?" he asked. Then he looked at those seated in a circle around him and said, "Here are my mother and my brothers! Whoever does God's will is my brother and sister and mother." Mark 3:32-35 NIV

He came to that which was his own, but his own did not receive him. Yet to all who did receive him, to those who believed in his name, he gave the right to become children of God ... John 1:11-12 NIV

Let us not become weary in doing good, for at the proper time we will reap a harvest if we do not give up. Galatians 6:9 NIV

For the joy set before him he endured the cross ... Hebrews 12:2 NIV

Start talking. Find a conversation starter for your group.

- Share something good that happened this week.

Start thinking. Ask a question to get your group thinking.

- Which part of this message was most impactful for you and why?
- What are some thoughts or feelings that come to mind when you think about rejection?
- Read **Mark 3:32-35**. Talk about some ways being *with* Jesus is different from being *around* Jesus.

Start sharing. Choose a question to create openness.

- Talk about a time when you felt rejected. How did you handle that, and is there anything you would do differently?
- Sometimes when rejection leaves us with an empty seat, God can use it as an open seat. Are there any open seats in your life right now? How could you invite others into this space?

Start praying. Be bold and pray with power.

Father, thank You for accepting us and calling us Your children. We know that Jesus was rejected, so we can find comfort in knowing that He understands the hurt we feel when we're rejected. Please show us how we can respond with love when others hurt us. In Jesus' name, amen.

Start doing. Commit to a step and live it out this week.

- [Spend time praying about the open seat in your life. Ask God to bring the right person into your life to fill that seat.](#)
- Start the *Jesus Can Relate* Bible Plan using Plans With Friends: www.go2.ic/beenthere
- Consider how you could love others by serving on the weekend or with a Local Mission Partner.